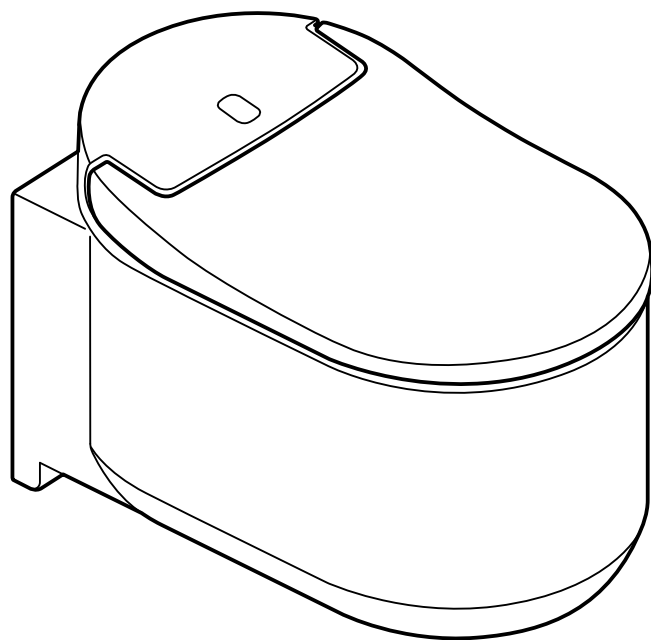


39354SH1  
18801SH1



Pure Freude an Wasser



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**IMPORTANT! READ CAREFULLY BEFORE USE AND KEEP SAFE FOR LATER READING.**

System and functional description:

Generally speaking, a shower toilet isn't any different from a conventional toilet. You go about your business much the same as you always do. The difference is found in what you do afterwards. Unlike on a conventional toilet, where you will clean yourself with toilet paper once you are finished, the Grohe Sensia Arena will clean you gently and thoroughly with water. Cleaning yourself with water is more thorough and yet more gentle to your skin. It will improve your general wellbeing.

While you are still seated, a water jet in a comfortable body temperature will clean you with just the right intensity for your comfort at the push of a button. Additional features, a remote control and a comfortable seating position complement this shower approach. Operation is absolutely simple. You simply operate either the conspicuous keys on the side of the toilet or the included remote control.

Proper use:

The Grohe Shower Toilet is a toilet designed to allow convenient cleaning of the anal- and/or vaginal area after visiting the toilet.

The device is compliant with all statutory safety regulations. However, improper use can cause personal harm and property damage.

- only use the device on normal household circumstances or similar.

Important: the installation site must be protected from frost at all times.

- the water intake side of the device must only be connected to the cold water side of the tap water system, and it must be secured against backflow.
- only use the device in a fully installed and inspected condition, in order to ensure safe operation.

Any other form of use is not permitted and considered improper.

Grohe will not accept liability for the consequences of improper use.

Persons unable to properly use the device due to i.e. physical, sensory or mental disabilities or because they are inexperienced or uninformed must be supervised when using the device.

Such persons must only operate the device unsupervised once they have been properly instructed in the safe use.

The must be able to recognize and understand the hazards associated with improper use.

**USER MANUAL (for more details, and operations using Smartphone)**

<http://www.grohe.com>



## Safety Precautions

Read the user manual carefully before operating the device. It contains important information for the installation, safety, the use of the device and its maintenance. It will allow you to protect yourself and to prevent damages to the device.

When using the product - especially in the presence of children - you should always observe the following safety instructions. Grohe cannot be held liable for damages that are the result of disregarding these instructions.

In order to illustrate varying degrees of severity, the following terms are used:

**DANGER**

Denotes an immediately hazardous situation, which may result in death or severe injury if not prevented.

**WARNING**

Denotes a potentially hazardous situation, which may result in death or severe injury if not prevented.

**CAUTION**

Denotes a potentially hazardous situation, that may result in mild to moderate injuries and/or damages to the product and/or other items and property if not prevented.


**DANGER**


Risk of electric shock (risk of death!):



The on-site electrical installation and connecting the device to the power mains must only be performed by authorized and qualified electricians, who are well versed in the locally applicable regulations and supplemental requirements and know the requirements of the local utility providers extensively. Improper installation and maintenance work or repairs can create substantial hazards to the user, for which Grohe cannot be held liable.

**!** The electrical safety of the device is only ensured when it is connected to a properly installed ground conductor system. This basic safety requirement must be ensured. When in doubt, have your electrical system checked by a qualified electrician. The power specifications (frequency and voltage) shown on the nameplate of the device must meet the specifications of the mains line at the installation site, in order to prevent damages to the device.

**!** It is recommended to power the device with a regular wall socket (VDE 0701), as this facilitates easy disconnecting from the power supply in case of service works. If a wall socket is not within reach or if a permanent connection is planned, a proper separation device for each pole is required at the installation site. A separating device within this meaning is a wall switch where the contact terminals are at least 3 mm apart. This includes LS-switches, fuses and contactors (EN 60 335).


**!** The protective zones must be assured in bathrooms.  If a power supply connection is made in zone 2, then the power supply to the Shower Toilet can be established by a direct connection, using a connector socket IPX4 as permanent connection.

**⊘** Do not use after taking a bath or shower.

**⊘** Do not pour water or cleaning agents into or onto the toilet seat or the remote control. It could cause electric shock or fires.

**⚠ WARNING**

Risk of burns, electric shock, fires and/or personal injury:

**!** In devices that are delivered without the connecting power line or when replacing the damaged power line, as special connector line must be purchased from an authorized dealer. The device must be disconnected from the power supply for any and all installation- and maintenance work and for repairs.  This also applies in the event that you find damages on the power supply line or on the product itself. Please ensure this by

- setting the fuses (LS switches) of the electrical installation into the off position or
- by completely removing the screw-in fuses of the electrical installation or
- by completely pulling the power plug (if any) out of the wall socket.

When doing so, do not pull on the cord, but pull on the power plug (if present) instead.

**!** Check the temperature settings of the water and the dryer air before each use. Set the air dryer temperature to the lowest level if you intend to use this feature for a prolonged period of time. There is a risk of burns, if this feature is used for a prolonged period of time at high temperature settings. This applies particularly to the following populations: children, the elderly, ill persons, persons with sensitive skin and thermoregulatory dysfunctions, the inebriated and overly tired people.

**⊘** Do not use outdoors, including areas with big vibrations, and do not operate in a space where aerosol spray is used or concentrated oxygen is being administered. It may cause a malfunction or loss of glossiness.

**!** Make sure that no items or foreign objects obstruct any openings (air outlets, hoses, etc.). Remove any obstructions immediately to prevent possible hazards and damages.



Observe the following instructions if you are using batteries.

- Make sure to use to right poles (+ /-) when inserting the batteries.
- Remove the batteries from the remote control if you won't use the toilet for an extended period of time.
- Do not leave spent batteries inside the remote control, as they can corrode which could cause damages to your health or the remote control.
- Batteries do not belong into the household waste! Discard batteries in compliance with your local regulations. Battery leakage may cause fire.
- Keep batteries away from children. Batteries are not toys. Contact a physician immediately in the event of a battery being swallowed accidentally.
- If your skin comes into contact with the liquid inside a battery, rinse immediately with copious amounts of water.
- If spilled battery fluid comes into contact with the eyes, immediately rinse with clean water without rubbing. The liquid can cause blindness. Talk to a doctor.



Be mindful of the following when handling batteries:

- Do not store batteries carelessly together with other metal objects (necklaces, hair pins etc.).
- Please do not mix new and old batteries, but remove both batteries at the same time as they will discharge otherwise. Only use batteries of the same type.
- Do not recharge batteries, short them, open or damage them by force and do not bring them into contact with fire, water or high temperatures. They could otherwise explode or leak and thereby cause damages.



Do not try to open or repair the Shower Toilet on your own. Do not make modifications or install additional items. The Shower Toilet contains energized power lines. Upon being opened, there is a risk to your life! Repairs must only be performed with original replacement parts and accessories by authorized maintenance personnel. Improper

installation and maintenance work or repairs can create substantial hazards to the user.



Do not use near electronics and medical equipment with a weak signal. There is a danger that electrical malfunction may cause an accident.



If water leaks from the toilet seat or the water supply line, disconnect the Shower Toilet from the power supply and close the water cutout valve. There is a risk of electric shock, fire and flooding.



If there is any indication of damages to the Shower Toilet, disconnect immediately from the power supply and contact the Grohe customer service.



In regions where the carbonate hardness exceeds 18° dH (KH), a water filtration system with water softener must be used. You can inquire about your carbonate hardness with your local utilities provider.



In order to ensure the long service life;  
– Please perform the descaling every 3 years (see technical product information 46978001).  
– Please replace the nozzle tip every 3 years (see technical product information 46978001).



Keep the power supply cord away from heated surfaces (e.g. surface radiators)



This product must not be used by children below the age of 8 years, persons with physical or mental disabilities or by persons without proper experience and knowledge, if they are not being supervised by a person whom is responsible for the safety and proper use in order to prevent possible hazards.




This product must not be used as a toy by children.



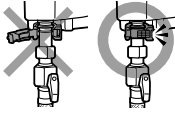
This product must not be cleaned or maintained by unsupervised children.


**⚠ CAUTION**


Risk of minor injuries and property damage:

**!** For care of the plastic parts, use a neutral detergent. There is a danger of electric shock, fire and/or injury due to damage to the plastic parts. 


**!** Do not use chlorine-based detergent, acidic detergent, or disinfectant for cleaning the ceramic parts. It may cause malfunction and damage due to the vaporized gas.

**!** Make sure that the clamp ring is placed firmly onto the water supply hose. There is a risk of water spilling if the hose slips from the untightened clip. 

**⊘** Do not stand on the lid of the toilet seat. There is a risk of injury and damages to the device. 

**⊘** Keep flame sources (cigarettes) away from the product. There is a risk of fire. 

**⊘** If you identify tears in the ceramic part of the toilet of the electrical unit (toilet seat), do not touch these areas. There is a risk of personal injury. Have the defective parts replaced by a specialist as soon as possible.

**⊘** Do not lean against the lid of the toilet seat during use. There is a risk of injury and damages to the device. 

**!** Regularly inspect the device for visible damages. Damages on the device can pose a risk to your safety. Don't ever switch on a damaged device.

**!** When the device is used by children, the elderly or persons with mobility impairments you must ensure that

they won't fall off. There is a risk of injury and damages to the device.

**!** The on-site electrical installation and connecting the device to the power mains must only be performed by authorized and qualified electricians, who are well versed in the locally applicable regulations and supplemental requirements and know the requirements of the local utility providers extensively. Improper installation and maintenance work or repairs can create substantial hazards to the user, for which Grohe cannot be held liable. (GB)

**⊘** For safety reasons, do not use extension cords or multiple socket power strips for the electrical connection (risk of fire due to overheating).

**!** When changing the connection or replacing the supply cord due to damages, line type H 03 VV-F with a suitable diameter must be used. Maximum line specifications: see nameplate. For safety reasons, replacement must only be performed by qualified specialist or the Grohe customer service.

## Handling Precautions

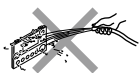
Do not expose the toilet to direct sunlight. It can cause discoloration of the plastic parts. Direct sunlight can furthermore lead to the remote control and the sensor not working properly.



Do not open and close the toilet seat or lid roughly. It may cause malfunction of auto open/close, cracking or electrical leakage.



Do not pour water or cleaning agents onto the remote control. It could cause it to malfunction.



Do not use electrical heaters in the vicinity of the toilet. It could cause discoloration of the plastic parts or malfunctions.



Do not use any paper other than toilet paper. Be careful not to drop any foreign materials in the bowl, as they may clog the drain pipe. If you drop, pick it up before flushing.



If the toilet should become clogged, use a plunger to remove the clogging. Do not flush the toilet and do not fill water into it by other means (e.g. with a bucket) until the clogging is removed. Waste water spilling over constitutes a risk of electric shock and damages to the device (electronic components inside the toilet seat can get damaged).



Do not operate the remote control with wet hands. It could cause it to malfunction.

The device must not be used at installation sites that are not stationary (e.g. on ships).

Never use steam cleaners to clean the device.

The steam of a steam cleaner could come into contact with energized parts and cause a short.

The Shower Toilet must not be operated on stand-alone inverters, such as those found in autonomous power supplies e.g. in solar systems. In such systems, switching on the device can cause power spikes that may cause safety shutdowns. This can damage the electronic components!

The Shower Toilet also must not be used on so-called energy saver sockets, as they reduce the power supplied to the device which may in turn lead to the device warming up.

Attention - Suffocation Hazard!

Children can suffocate when they play with packaging materials (e.g. foil) and wrap themselves into the materials or pull them over their heads. Keep packaging materials away from children.

The line specifications are printed on the nameplate.

They must match the specifications of the power grid.

When contacting the Grohe Service department, always state the following:

- Model name
- Serial number
- Power supply information (network voltage/frequency/maximum line specifications).

Declaration of conformity

You can obtain the declaration of conformity from your respective Grohe distributor.

Notification of changes

This user manual corresponds to the current technical design of the device at the time of print.

We reserve the right to introduce changes to meet technical developments.

# Using the Remote Control

## ① Water Pressure Adjust.

Adjusts the water pressure for rear washing, rear washing-gentle, and front washing functions.

## ② Flush (light) OPTION\*

## ③ Flush (full) OPTION\*

## ④ Toilet Seat Open/Close

## ⑤ Stop

Stops the washing and dryer functions.

## ⑥ Rear Washing

Provides a strong spray for rear washing.

## ⑦ Rear Washing - Gentle

Provides a gentle spray for rear washing.

## ⑧ Front Washing (for women)

Provides front washing for women.

## ⑨ Screen

The screen changes according to usage.

## ⑩ Descaling information mark

Appears every 3 years.

## ⑪ Power / Home

Turns on/off, or goes to the home menu.

## ⑫ Set / Next

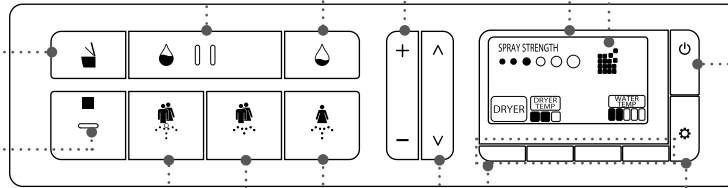
Changes display of the screen.

## ⑬ Function Buttons

Button operation changes according to the display of the screen.

## ⑭ Nozzle Position Adjust.

Adjusts the nozzle position backwards or forwards.



GB

\* These buttons operate only when the auto-flush function is equipped with GROHE tank.

### Note

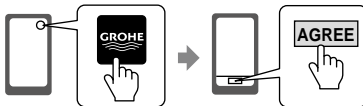
- “Power OFF screen” will be displayed when power is turned off by pressing the (power/home) button on the remote control.
- When there is no operation for 30 seconds, the screen returns to the home menu. In this case, start the operation from the beginning.

# Smartphone Operation iOS / Android

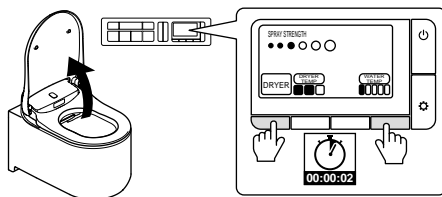
## Initial setup of the “Sensia Arena” app

Before setup, switch ON Bluetooth of the smartphone.

### ① Open the app and confirm the Disclaimer.



### ② Push the [DRYER] and [WATER TEMP] buttons simultaneously for more than 2 seconds.



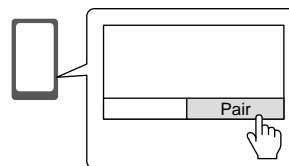
### ③ Pair the toilet with smartphone according to the “Pairing registration”.

## Pairing registration

### ① Tap the app top page.



### ② When the [Bluetooth pairing request] message appears, confirm the device [Shower Toilet] and tap [Pair].



The toilet unit indicates pairing is complete when you hear a tone. Once you complete the pairing, there is no need for a new Initial setup the next time.

### Note

Be careful not to drop the smartphone in the toilet. We will not take any responsibility for it.

### Precautions on Using Bluetooth®

Keep the seat unit and remote control away from devices that emits radio waves.

Keep the seat unit and remote control away from the following devices as far as possible to prevent adverse effect caused by radio wave interference.

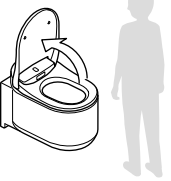


- Microwaves / Wireless LAN devices / Bluetooth® compatible devices other than smartphones
- Near other devices that emit radio waves in the 2.4 GHz bandwidth (Digital cordless telephones, wireless audio devices, game consoles, PC peripheral devices, etc.)
- If you are wearing an implantable cardioverter defibrillator (cardiac pacemaker), keep the remote controller away at least 22 cm from the implant.

# Basic Operation

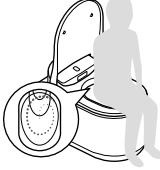
USER MANUAL (for more details, and operations using Smartphone)

<http://www.grohe.com>

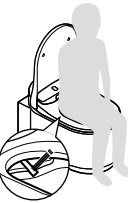



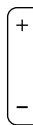

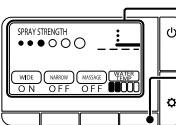


## OPENING THE TOILET SEAT LID / TOILET SEAT

	<b>AUTO</b>	<b>MANUAL</b>
	<p>The lid opens automatically when you stand in front of the toilet.</p>	<p>4  The seat opens by pressing the  (open/close) button on the remote control.</p>

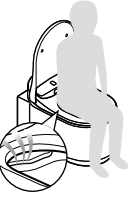
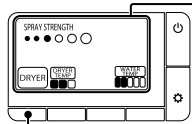

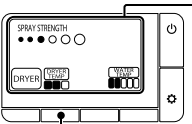


## PRE-FLUSH

	<p>When you sit on the seat, a small amount of water flushes the bowl to minimize stain accumulation.</p>
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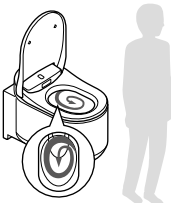


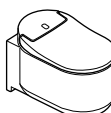
## 1 WASHING

	<b>WASH</b> →	<b>ADJUST</b> →	<b>STOP</b>
	<p>6  Rear washing</p> <p>7  Rear washing-gentle</p> <p>8  Front (for women)</p>	<p>1  Water Pressure</p> <p>14  Nozzle Position</p> <p>9  9</p> <p>10  Water temperature</p>	<p>5  Stop spray</p>

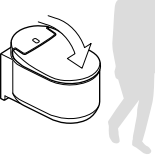


## 2 DRYING

	<b>DRY</b> →	<b>ADJUST</b> →	<b>STOP</b>
	<p>9  9</p> <p>13  Dry with warm air</p>	<p>9  9</p> <p>13  Dry temperature</p>	<p>5  Stop warm air</p>

## 3 FLUSHING

	<b>AUTO</b>	<b>REMOTE</b>	<b>MANUAL</b>
	<p>Flushing starts automatically when you stand up.</p> <p><b>OPTION</b></p> <p>This function is available only when the auto-flush function is equipped with GROHE tank.</p>	<p>3  Flush (full)</p> <p>2  Flush (light)</p> <p><b>OPTION</b></p> <p>These buttons operate only when the auto-flush function is equipped with GROHE tank.</p>	<p>Press the flush button on the wall.</p> 

## CLOSING THE TOILET SEAT LID / TOILET SEAT

	<b>AUTO</b>	<b>MANUAL</b>
	<p>The lid closes automatically when you leave the toilet.</p>	<p>4  The seat closes by pressing the  (open/close) button on the remote control.</p>



# Specifications

GB

Model No.		39354SH1		
Rated voltage / Frequency power		220 - 240 V, 50/60 Hz		
Rated power consumption		850 W (environment 20°C, water 15°C)		
Maximum power consumption		1300 W (environment 20°C, water 3°C)		
Feed-Water Pressure Range	Minimum water pressure	0.05 Mpa (0.5 bar) (Flow pressure)		
	Maximum water pressure	1.0 Mpa (10.0 bar) (Hydrostatic pressure)		
Operating Temperature Range		0°C - 40°C		
Product Dimensions		W 375 × D 605 × H 84 mm (Seat unit) W 365 × D 600 × H 375 mm (Ceramic bowl)		
Product Weight		Approx. 40.5 kg (Seat unit: Approx. 5.5 kg, Ceramic bowl: Approx. 35 kg)		
Ceramic Bowl	Pre-flush Water Volume		1.0 L - 1.5 L	
	Flushing Water Volume		Full 5 L, Light 3 L (Europe) Full 4.5 L, Light 3 L (China, Saudi Arabia)	
	Water supply method		Uses existing water supply line	
	Drain type		Wall drain	
	Flushing method		Washdown	
E-bidet (Seat Unit)	Shower	Water supply method	Uses existing water supply line	
		Method of warm water supply	Instant water heater	
		Nozzles	Motor driven, exclusive for rear and front washing	
		Nozzles Holes	Rear washing: $\phi$ 1.45 mm × 1 hole, Rear washing-gentle: $\phi$ 0.9 mm × 4 hole, Front washing: $\phi$ 0.8 mm × 5 holes	
		Rear washing spray volume	0.42 - 0.47 L/min (6 - level adjustable) when the water pressure is 0.2 Mpa	
		Front washing spray volume	0.42 - 0.47 L/min (6 - level adjustable) when the water pressure is 0.2 Mpa	
		Warm water control temperature	Off (Water temp.) - High (Approx. 39°C), 6 - level adjustable	
		Water heating capacity	1226 W	
		Safety Devices	Thermal fuses, High temperature sensor switch, Flow switch	
	Warm air	Air Volume	0.3 m <sup>3</sup> /min (Low,Medium), 0.39 m <sup>3</sup> /min (High)	
		Warm Air Temperature Adjustments	Low (Room temp.) - High (Approx. 55°C)	
		Warm Air Heater Capacity	500 W	
		Safety Devices	Thermal fuse (1 place)	
	Plasmacluster ion (Toilet bowl)	Air Volume	Air blow flow rate: 0.04 m <sup>3</sup> /min; Air suction flow rate: 0.04 m <sup>3</sup> /min	
		System	Decomposition and removal method using Plasmacluster technology (Utilizing air circulation)	
	Plasmacluster ion (Room)	Air Volume	Air blow flow rate: 0.04 m <sup>3</sup> /min; Air suction flow rate: 0.04 m <sup>3</sup> /min	
		System	Chemical adsorption method using a deodorizing cartridge, decomposition and removal method using Plasmacluster technology	
	Odor Absorption	Odor Absorption Method	Chemical adsorption type using a deodorizing cartridge	
		Odor Absorption Capacity	Air blow flow rate: 0.04 m <sup>3</sup> /min; Air suction flow rate: 0.04 m <sup>3</sup> /min	
	Remote Control	Dimension	W 260 × D 33 × H 73 mm	
		Battery	AA cell battery: 2 - piece	
		Transmission System	Electric wave (Bluetooth)	
		Display Device	Electric paper	
Power Cord		Effective length 1.0 m, 220 - 240 V direct-connected through a cable socket		